



GANDHI INSTITUTE OF TECHNOLOGY AND MANAGEMENT (GITAM)

(Approved by AICTE, New Delhi & Affiliated to BPUT, Odisha)

CAMPUS: Saraswati Vihar, Gangapada, Bhubaneswar, Khurda, Odisha, INDIA

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POLICY FOR EXTRA CURRICULAR ACTIVITIES

| Name of Policy | Policy for Extra Curricular Activities | Department responsible | All Department |
|-----------------|--|------------------------|--------------------------|
| | | Prepared by | Prof. Sukant Kumar Sahoo |
| | Institute Level | Checked by | Prof. (Dr.) S. S. Singh |
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POLICY STATEMENT

The Gandhi Institute of Technology & Management, Bhubaneswar Policy for Extra Curricular Activities aims to provide adequate Physical Education facilities and opportunities that are wholesome so as to ensure a sound mind in a sound body, in order to equip the students to cope with the pressures of studying making them both emotionally, physically and healthy.

OBJECTIVES

1. To Ensure the Physical Development of the students and staff namely the advancements of motor skills, or, in other words, one's ability to use and control their bodies. Gross- motor skills involve the use of large muscles in the legs or arms, as well as general strength and stamina.
2. To Achieve the Social Development of students and staff through a balanced set of social skills and learned adaptive behaviour that enable an individual to interact well with other people, react positively and avoid behaviour that has negative consequences.
3. To make sure the Emotional Development of students and staff by achieving the ability to recognize, express, and manage feelings at different stages.
4. To Improve the Mental Development of students and staff by enhancing the Brain power and Cognitive Ability through
5. Physical activity, which increases the flow of blood to the brain. It enhances the brain function, concentration, memory, thinking and cognitive skills.

Roles and Responsibilities

- 1) Staff Advisor of Student Representative.
- 2) Nominated Sports & Cultural Representatives from each Branch (1 Male & 1 Female).

Major Responsibilities

1. To advise on the development of a physical education program.
2. To supervise and coordinate all physical education activities.
3. Prepare, as required, the specifications for the purchase of physical education equipments.
4. Make all claims for damaged goods to the appropriate office.
5. Responsible for the distribution and storage of all physical education supplies and equipments.
6. Keep departmental reports as required.
7. Participate in entire in-service training
8. Plan different recreational activities important for growth of students
9. Prepare teams for the University competitions.
10. Responsible for conducting Intra-Mural and inter club competitions such as Football, Cricket, Volleyball, Shuttle Badminton, Chess, Caroms, Annual Athletic Meet & Cultural Meet.
11. Responsible for conducting Inter-College & Intra college Tournaments hosted by GITAM, Bhubaneswar such as Inter-College & Intra college Basketball Tournament, Intra-college Volleyball Championship.

ACTION PLAN

1. Introduction of virtual classes for health and fitness
2. Planning to conduct competitions such as chess.
3. More Inter-College & Intra College competitions will be conducted.
4. Live Health and Fitness classes will be conducted for the staff.
5. Classes related to the job opportunity in the field of Sports.
6. Maintenance for multi-gymnasium.


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PRINCIPAL
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