

FEBRUARY 2023							
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Universal Human Values

Understanding Harmony and Ethical Human Conduct

021-344
Saturday
JANUARY
21
2023

Module - 1

Foundations of Value Education.

Right Understanding, Relationship and Physical Facility (Holistic Development and the Role of Education)

1. "Right understanding + Relationship = Mutual fulfilment; Right understanding + Physical facilities = Mutual prosperity" (Illustrate the above with two examples for each.)

Or

How do right understanding, relationships and physical facilities help in fulfilling the aspirations of human being?

Ans:- Our basic aspirations are happiness (mutual fulfilment) and prosperity (mutual prosperity). Happiness is ensured by the relationships with other human beings and prosperity is ensured by working on physical facilities. Relationships refers to the interpersonal relationships that a person builds in his/her life - at home, at the workplace and in society. Physical facilities included the physiological needs of individuals and indicates the necessities as well as the comforts of life. It means the feeling of having or being able to have more physical facilities than is needed.

Example:- Today we were unable to have fulfilling relationships all the time: in family, outside family, and as a society - in the world at large.

If there is a problem in relationships, we feel uneasy, it bothers us. Even if we are interacting with someone, and something we said or did offends them, it makes us uneasy; i.e. we want mutual fulfilment in relationship. Similarly, we want to feel prosperous, but end up working only for accumulation of wealth. We want to enrich nature, but are exploiting it. But our natural acceptance is that we want to live in harmony with nature.

The reason behind these problems is that we have to focus on one more aspects, i.e. right understanding. Right understanding refers to higher order human skills - the need to learn and utilize our intelligence most effectively.

In order to resolve the issues in human relationships, we need to understand them first, and this would come from 'right understanding of relationship.'

Similarly in order to be prosperous, and to enrich nature, we need to have the 'right understanding.' The 'right understanding' will enable us to work out our requirements for physical facilities and hence correctly distinguish the difference between

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wealth and prosperity. With nature as well, we need to understand the harmony in nature, and how we can complement this harmony.

1. Right Understanding
2. Relationship
3. Physical Facilities

Happiness - With human beings

Mutual Prosperity - With rest of the nature

Thus we can say that when we use right understanding with relationships it gives us mutual fulfillment because if we have right understanding, then we can be happy in ourselves and work to have fulfilling relationships with humans and mutual prosperity with nature.

If we do not have the right understanding, then we have problems.

Thus, our happiness depends on fulfillment of these three basic requirements.

Right understanding + Relationship = Mutual Fulfillment

Right understanding + Physical facilities = Mutual Prosperity

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Q2:- What do you mean by values or human values?

Or

What is value education? Why there is a need of value education? How does value education helps in fulfilling one's aspirations?

Ans:- Character oriented education that instills basic values and ethnic values in one's psyche is called 'Value Based Education'. The subject that enables us to understand 'what is valuable' for human happiness is called value education.

Value education is important to help everyone in improving the value system that he/she holds and puts it to use.

Once, one has understood his/her values in life he/she can examine and control the various choices he/she makes in his/her life.

Value education enable us to understand our needs and visualize our goals correctly and also helps to remove our confusions and contradictions and enables us to rightly utilize the technological innovations.

Notes: Values form the basis for all our thoughts, behaviours and action.

Once we know what is valuable to us; these values becomes the basis, the anchor for

our actions. We also need to understand the universality of various human values. Then only we can have a definite and common program for value education and can be assured of a happy and harmonious human society

3. Values and skill complement each other. Elaborate.
Or

"For success in any Human Endeavour, both values and skills are required." Explain

Or

What do you mean by values? How do they differ from skills? How are values and skills complementary?

Or

Explain how production skills and human values are complementary. Give two examples.

Ans:- Values means importance or participation & skills means qualities, training and capabilities. To fulfill our aspirations both values and skills are necessary.

When we identify and set the right goals and produced in right direction. This is known as value domain, the domain of wisdom.

Notes: Basically we must know what really is useful to achieve human happiness which is for all and forever.

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And when we learn and practice to actualize this goal to develop the techniques to make this happen in real life, in various dimensions of human endeavour (struggle).

This is known as domain of skills. Hence, there is an essential Complimentarity between values and skills for the success of any human endeavour.

For example, I want to lead a healthy life. Only wishing for good health will not help me. I keep my body fit and healthy and without having understood the meaning of health, I will not be able to choose things correctly to keep my body fit and healthy.

So I have to learn the skills to achieve the goal of good health i.e. food to be consumed, the physical workout to be designed.

So without knowing the meaning of good health, health cannot be achieved and also it is necessary to make use of the goal to achieve the goal of the goal.

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4. Define self exploration. What is the content of self-exploration?

Ans:- Self exploration is the process to find out what is valuable to me by investigating within myself.

What is right for me, true for me, has to be judge within myself. Through self exploration we get the value of ourselves!

We live with different entirety (family, friends, air, soil, water, trees, etc) and we want to understand our relationship with all these.

For this we need to start observing inside.

The main focus of self-exploration is myself - the human being. Content of self-exploration is just finding answers to the following fundamental questions of all human beings.

1. The Desire / Goal:- What is my (human) program desire / goal? What do I really want in life, or what is the goal of human life?

2. Program:- What is my (human) program for fulfilling the desire? How to fulfill it? What is the program to actualize the above?

Notes:

In, the above two questions cover the whole domain of human aspirations and human endeavour. Thus, they form the content of self exploration.

5. What is happiness?

Ans:- Happiness may be defined as being in harmony/synergy in the state/situation that I live in. "A state or situation in which I live, if there is harmony in it then I like to be in that state/situation."

The state of liking is happiness. "Happiness is a state of mind or feeling characterize by contentment, love, satisfaction, pleasure or joy."

Happiness may be described as consisting of positive activities. There may be three kinds of happiness: pleasure, engagement and meaning.

In other words, freedom from want and distress consciousness of the good order of things, assurance of one's place in the universe or society, inner peace and so forth. Happiness is the state of mind, where we feel good in most of the walk of life.

6. What is the meaning of prosperity? How can you say that you are prosperous?

Ans:- The feeling of having or making available more than required physical facilities is prosperity.

Notes: Almost all of us feel that wealth alone means prosperity and try to explain this phenomenon on this non-existent or half fact.

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We are trying to achieve happiness and prosperity by maximizing accumulation and consumption of physical facilities.

It is becoming anti-ecological and anti-people, and threatening the human survival itself. For prosperity, two things are required

1. Identification of required quantity of physical facilities
2. Ensuring availability / production of more than required physical facilities.

We can be prosperous only if there is a limit to the need for physical facilities. If there is no limit what so ever be the availability the feeling of prosperity cannot be assured.

Secondly, just assessing the need is not enough. We need to be able to produce or make available more than the perceived need.

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07. What is the difference between prosperity and wealth? What is more acceptable to us and why?

Or

10. What do you understand by prosperity? What is the difference between prosperity and wealth? How are the two related?

Or

12. What is the meaning of prosperity? How does it differ from possession of wealth? Explain with examples. Differentiate between prosperity and wealth with examples.

03. Ans:- Prosperity is a feeling of having more than required physical facilities, it is not just physical facilities.

05. Almost all of us feel that wealth alone means prosperity and try to explain this phenomenon on this non-existent or half fact.

07. Wealth is a physical thing. It means having money, or having a lot of physical facilities or both.

Notes: This is a very important distinction. We mostly fail to make this distinction today. We keep working for wealth, without realizing that the basic desire is for the

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08 feeling of prosperity, to have a feeling of
 09 having enough. Prosperity is more
 acceptable to us because wealth is just a
 part of prosperity.

10 We are trying to achieve happiness and prosperity
 11 by maximizing accumulation and consumption
 of physical facilities.

It is becoming anti-ecological and anti-people,
 and threatening the human survive itself.
 01 A person has lot of money, but doesn't want
 to share even a bit of it. The person
 02 'has wealth' but feels 'deprived'.

03 If one felt prosperous he/she would have
 shared what one has, since there is lot
 04 more than enough wealth anyway.

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8. What is the need for Value Education in technical and other professional institutions?

Ans:- The subject that enables us to understand 'what is valuable' for human happiness is called value education.

The present education system has become largely skill-based. The prime emphasis is on science and technology.

However, science and technology can only help to provide the means to achieve what is considered valuable.

It is not within the scope of science and technology to provide the competence of deciding what really is valuable.

Value Education is a crucial missing link in the present education system. Because of this deficiency, most of our efforts may prove to be counter-productive and serious crises at the individual, societal and environmental level are manifesting.

MARCH 2023							
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Q. I am the seer, deer, and enjoyer. The body is my instrument - Explain. How self enjoys the activities of the body?

Ans:- There is a relation between the self and body act as an instrument of self. Whatever self thinks body perform it physically.

Body doesnot decide itself. We can verify this by the following discussion.

I am the seer :- When we are reading a book or listening, when someone is explaining something to us, when we are watching scenery or when we are thinking - We are engaged in the activities of 'seeing' or understanding.

Now when we see some nice scenery we say 'I am seeing' that means ourself 'I' see via the eyes, the eyes don't see, they are just instruments, that unable me to see something outside.

Sunday 05

Different images are formed in the eyes everytime but it is I who is able to relate it to the meaning of that image everytime.